

TriState Pregnancy Center Presents:

Life Hack Day!

105 Wheatfield Drive. Milford, Pa *lower level*

Questions? 570.491.5151

Ever wish you
had learned
basic Life skills
for easier daily
time and life
management?
(yeah, me, too)!



How to care for your Kids Teeth from a Dental Hygienist!



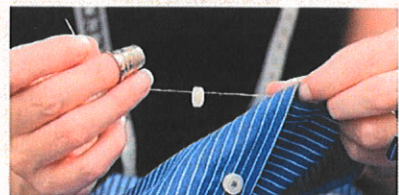
Gain practical wisdom & advice from our Midwife!



Easy, Healthy, Kid friendly Meal Demonstration!



Help with Meal Planning on a Budget!



Basic Sewing Demonstration!

**Come Join Us for Free Food,
Beverages, Fellowship & Live
Demonstrations! Come
speak to our 'Experts!'
Beautiful Door Prizes.
Babysitting.**

All Free! OPEN TO ALL AGES!

**Sunday, April 23rd,
2023
1-3 p.m.**